



# Solo Inland Championships 17<sup>th</sup> and 18<sup>th</sup> September 2016

**HARKEN**  
INNOVATIVE SAILING SOLUTIONS

**Organised by the National Solo Class Association  
in conjunction with Rutland Sailing Club**

Gibbet Lane, Edith Weston, Rutland, LE15 8HJ ● 01780 720292 ● [www.rutlandsc.co.uk](http://www.rutlandsc.co.uk)

## SAILING INSTRUCTIONS

### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing and the prescriptions of the RYA.
- 1.2 The race committee wish to emphasise Rule 42.2 "Prohibited Actions" (pumping, rocking, ooching, sculling, etc.). Competitors should note that they may be disqualified from the series for infringing this rule. Competitors are urged to protest any infringement of the rules. To ensure there are witnesses, the attention of nearby dinghies should be drawn to any such infringement by hailing.
- 1.3 The hull number must be displayed on the sail. In exceptional circumstances the NSCA Committee will accept a written application to use another distinguishing number on a sail. In any event a boat must display a number consisting of at least three digits which must differ from any other boat competing at the event.

### 2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located in the Wet Bar.

### 3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any changes to the sailing instructions will be posted on the official notice board, one hour before the scheduled start of the race or races concerned, except that any change in the schedule of races for Sunday will be posted by 19:00 hrs on Saturday.

### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be hoisted on the flagpole located at the western end of the clubhouse balcony.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

### 5 SCHEDULE OF RACES

- 5.1 There will be a competitor briefing at 10:00 on Saturday in the Wet Bar.
- 5.2 There will be three back-to-back races on each day.
- 5.3 The scheduled times of the warning signal for the first race are 11:25 on Saturday and 10:55 on Sunday.
- 5.4 For the purposes of Rule 30.3, if the last race on Saturday is started under a black flag and cannot be completed, it will be deemed to be restarted or re-sailed as the first race of Sunday. Any competitors who were disqualified for being OCS would therefore not be able to compete in the first race on Sunday.
- 5.5 To alert boats that a start sequence is about to begin, an orange flag will be displayed with one sound, at least five minutes before the warning signal. The orange flag will be removed at the end of the race (see also Instruction 14.3).
- 5.6 The last warning signal on both days will be no later than 14.55; no racing will be started after this time.

### 6 CLASS FLAGS

- 6.1 The class flag will be numeral pennant one.

### 7 RACING AREA

- 7.1 The location of the racing area on the reservoir will be shown on the Official Notice Board.

## **8 THE COURSES**

- 8.1 The diagrams in the attachment show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 The courses to be used will be Triangle-Windward-Leeward ("Triangle-Sausage") and Windward-Leeward. The Windward-Leeward course may be used at the discretion of the Race Officer in lower wind strength conditions.
- 8.3 No later than the warning signal, the race committee signal boat will display the course to be sailed and the course number. The approximate compass bearing of the first leg may also be displayed.

## **9 MARKS**

- 9.1 Marks 1, 3, and 4 will be spherical yellow buoys and mark 2 will be a black spherical buoy.
- 9.2 The starting and finishing marks will be a race committee boat, including any attached boats or buoys, a starting buoy or race committee vessel with an orange flag and a finishing buoy with a blue flag.

## **10 AREAS THAT ARE OBSTRUCTIONS**

- 10.1 The following are designated as obstructions; competitors shall give reasonable clearance, especially when craft are moving or drifting: The Rutland Belle (a large pleasure cruiser), fishing boats, moored boats in the East and West Creeks, and yellow buoys marking the 'No Sailing' area at the western ends of the north and south arms.

## **11 THE START**

- 11.1 A race shall not be started in a wind of 3 knots or less.
- 11.2 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal (i.e. 5, 4, 1, GO).
- 11.3 The start line will be between the mast displaying an orange flag on the race committee boat at the starboard end and the port end starting mark which may be a race committee vessel.
- 11.4 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start. This changes rule A4.
- 11.5 If a general recall has been signalled, a RIB may motor ahead of the fleet waving a staff displaying 1st Substitute. Failure to display this signal will not be grounds for redress.

## **12 THE FINISH**

- 12.1 The finish line will be between the mast displaying an orange flag on the race committee boat at the starboard end and the port end finishing mark.
- 12.2 After finishing and clearing the finishing line, any boat re-crossing the finishing line in either direction or interfering with other dinghies still racing, may be liable to disqualification unless she can demonstrate reasonable cause for doing so.
- 12.3 Slower boats may be finished before completing the same number of rounds as the leading boats. In such instances, these boats will be notified by a race committee or patrol boat and given a finishing position behind boats which have completed more rounds.
- 12.4 Shortened Course:
  - (a) If the race committee signals a shortened course from the race committee boat (displays flag S with two sounds) before boats have reached mark 4, boats must leave mark 4 to port and then sail across the finish line. This changes rule 32.2.
  - (b) The race committee may also shorten the course by positioning a RIB displaying flag S with two sound signals close to mark 1 or mark 3. In this case, the finishing line shall be between the mark and the staff displaying flag S.

## **13 PENALTY SYSTEM AND DECLARATIONS**

- 13.1 A boat that Did Not Finish or Retired After Finishing (including Rule 31.2) shall complete an acknowledgment form at the race office within the protest time limit.
- 13.2 RRS Appendix P (Immediate penalties for breaking RRS 42) will apply, except that this is amended such that P2.2 and P2.3 are deleted and P2.1 (two turns penalty) shall apply to all penalties.

## **14 TIME LIMITS AND TARGET TIMES**

- 14.1 There will be no race time limit. The target race time for the first boat will be 45 minutes.
- 14.2 If no boat has passed Mark 1 within 30 minutes the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

- 14.3 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5. This Instruction will be signalled by lowering the orange flag with three long sound signals.

## **15 PROTESTS AND REQUESTS FOR REDRESS**

- 15.1 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later. This time limit will be extended by 30 minutes for all protests by the race committee relating to incidents observed in the racing area.
- 15.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located on the first floor of the club house.
- 15.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 15.5 Breaches of Instructions 1.3 and 17.1 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

## **16 SCORING**

- 16.1 Two races are required to be completed to constitute a series.
- 16.2 (a) For the Inland Championship, when fewer than four races have been completed, a boat's series score will be the total of her race scores.
- (b) For the Inland Championship, when four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (c) For the vintage event, when three or four races have been completed a boat's series score will be the total of her race scores excluding her worst score.
- 16.3 Points appropriate to the higher place will be awarded for race ties. This changes Appendix A7.

## **17 SAFETY REGULATIONS**

- 17.1 A boat that retires from a race shall notify the race committee as soon as possible.

## **18 REPLACEMENT OF CREW OR EQUIPMENT**

- 18.1 Substitution of equipment will not be allowed without prior written approval of the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **19 EQUIPMENT AND MEASUREMENT CHECKS**

- 19.1 All boats must have a valid measurement certificate with the name of the current owner, and a current buoyancy endorsement signed and witnessed in accordance with NSCA rules. The appropriate documentation must be produced at registration before going afloat. Any competitor who does not comply with this instruction may be disqualified without redress.
- 19.2 The NSCA or its representatives shall have the right to measure or weigh any boat, its sails and other equipment, including clothing. This may be carried out each day with selected dinghies or competitors.
- 19.3 Any competitor found not to comply with the rules as a result of measurement during the course of, or at the conclusion of, the regatta shall be liable to disqualification from individual races and from the regatta, at the discretion of the race committee. Rules 43.1(a) and 43.1(b) apply to the weight of clothing and equipment with a 10 kg maximum to include footwear and clothing below the knee.
- 19.4 Competitors shall wear adequate personal buoyancy at all times whilst afloat, except for short periods whilst changing clothing. Flag 'Y' will not be displayed; this changes Rule 40 and Race Signals Y.

## **20 RUBBISH DISPOSAL**

- 20.1 Rubbish may be placed aboard support or official boats.

## **21 RADIO COMMUNICATION**

- 21.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

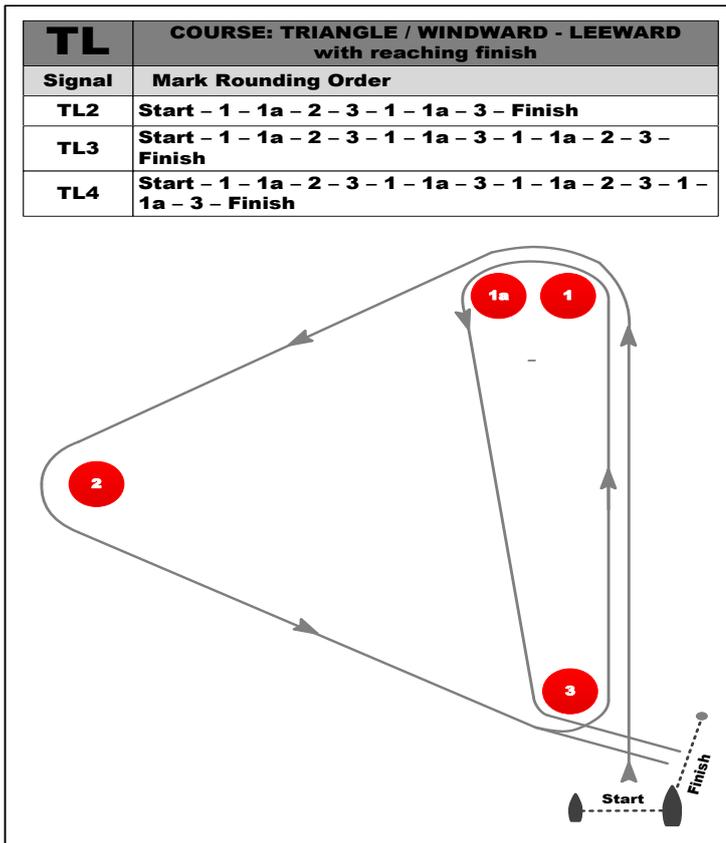
## **22 DISCLAIMER OF LIABILITY**

- 22.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 22.2 By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
  - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
  - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
  - (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities; and
  - (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

## **23 INSURANCE**

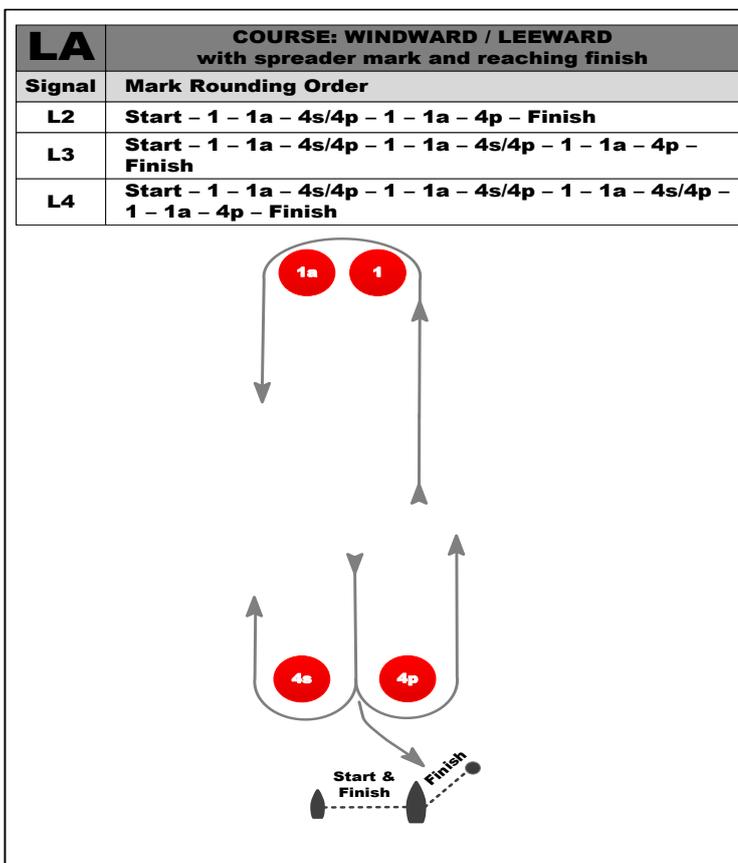
- 23.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per incident.

## Course Diagram



All marks to Port

Course Number	Marks
T2	Start, 1, 1a, 2, 3, 1, 1a, 3 finish
T3	Start, 1, 1a, 2, 3, 1, 1a, 3, 1, 1a, 2, 3, finish
T4	Start, 1, 1a, 2, 3, 1, 1a, 3, 1, 1a, 2, 3, 1, 1a, 3, finish



Marks 1 and 1a to Port

Through gate 4s, 4p. to port or starboard

Course Number	Marks
W1	Start, 1, 1a, 4s/4p, finish
W2	Start, 1, 1a, 4s/4p, 1, 1a, 4s/4p, finish
W3	Start, 1, 1a, 4s/4p, 1, 1a, 4s/4p, 1, 1a, 4s/4p, finish