



Sailing Instructions

Solo End of Season Championships

Saturday 12th October 2019

The organising authority is Grafham Water Sailing Club and the National Solo Class Association ('NSCA').

1. RULES

- 1.1 The regatta will be governed by rules as defined in *The Racing Rules of Sailing*.
- 1.2 RRS40 - Personal Flotation will apply at all times when afloat. Flag Y will not be displayed. This changes RRS 40.
- 1.3 By participating in this event the competitor automatically grants to the organizing authority and their sponsors, the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the athlete during the period of the competition without compensation.
- 1.4 The race committee wish to emphasise RRS 42.2 "Prohibited Actions" (pumping, rocking, ooching, sculling, etc.). Competitors are urged to protest any infringement of the rules. To ensure there are witnesses, the attention of nearby dinghies should be drawn to any such infringement by hailing.
- 1.5 The hull number must be displayed on the sail. In exceptional circumstances the NSCA Committee will accept a written application to use another distinguishing number on a sail. In any event a boat must display a number consisting of at least three digits which must differ from any other boat competing at the event.
- 1.6 For infringements of rules other than in Parts 1 & 2 of the RRS, the protest committee may award a penalty less than disqualification.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located in the ground floor cafe.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any changes to the sailing instructions will be posted at least one hour before the scheduled start of the race or races concerned.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be hoisted on the flagpole 2 located on the foreshore on the water side of the clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 There will be a competitor briefing at 10:45 in the ground floor cafe.
- 5.2 There will be three back-to-back races.
- 5.3 The scheduled time of the warning signal for the first race is 11:55.
- 5.4 To alert boats that a start sequence is about to begin, an orange flag will be displayed with multiple sounds, at least five minutes before the warning signal.
- 5.6 No warning signal will be made after 16:00.

6 CLASS FLAG

- 6.1 The class flag will be Flag R.

7 RACING AREA

- 7.1 The racing area will be the west end of Grafham Water.

8 THE COURSES

- 8.1 The diagrams in Attachment A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 The courses to be used will be Sausage-Triangle and Windward- Leeward. The Windward-Leeward course may be used at the discretion of the Race Officer in lower wind strengths.
- 8.3 No later than the warning signal, the race committee signal vessel will display the course to be sailed. The approximate compass bearing of the first leg may also be displayed.

9 MARKS

- 9.1 The course marks are described in Attachment A.

10 AREAS THAT ARE OBSTRUCTIONS

- 10.1 The prohibited area at the west end of the lake is an obstruction. Its boundary is a line of buoys forming its eastern boundary.
- 10.2 Each fishing boat, and an area extending 20 metres in any direction from the fishing boat is an obstruction.
- 10.3 A safety boat in close attendance to a craft or competitor in difficulty is an obstruction.

11 THE START

- 11.1 A race shall not be started in a wind of less than 4 knots across the course.
- 11.2 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal (i.e. 5, 4, 1, GO).
- 11.3 The starting line will be between mast or staff displaying an orange flag on the race committee vessel at the starboard end and the mast or staff displaying an orange flag on the race committee vessel or buoy at the port end.
- 11.4 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 11.5 If a general recall has been signalled, a RIB may motor ahead of the fleet displaying 1st Substitute. Failure to display this signal will not be grounds for redress.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 12.2 Minor mark moves (up to approximately 100 metres) may be made without signalling the change. This changes RRS 33.

13 THE FINISH

- 13.1 The finish line will be between the mast displaying a blue flag on the race committee vessel at the starboard end and the staff displaying a blue flag on the port end finish buoy.
- 13.2 After finishing and clearing the finishing line, any boat re-crossing the finishing line in either direction or interfering with other dinghies still racing, may be liable to disqualification unless she can demonstrate reasonable cause for doing so.
- 13.3 After the first boat has finished the race, slower boats may be finished before completing the same number of rounds as the leading boats. In such instances, these boats will be notified by a race committee vessel displaying Flag W. They will be given a finishing position behind boats which have completed more rounds.
- 13.4 If a race committee vessel signals a shortened course (displays flag S with two sounds) at gate 2, boats shall leave mark 2p to port and then sail across the finish line. This changes RRS 32.2.

14 PENALTY SYSTEM

- 14.1 Appendix P, *Special Procedures for RRS 42*, will apply, except that:
 - (a) An observer appointed under RRS P1.1 who sees that a boat is in the 'yellow light area' as described by World Sailing interpretations of RRS 42 may warn the boat by, as soon

as reasonably possible, making a sound signal, pointing a green/white flag at her and hailing her sail number. There is no penalty.

- (b) RRS P2.1 is changed by deleting the word 'first', so will apply to all penalties. P2.2 and P2.3 are deleted.

14.2

The protest committee, whilst on the water, and at the first reasonable opportunity, may signal its intention to protest a boat for an infringement of Part 2 or RRS 31, by making a sound signal, pointing a red flag at her and hailing her sail number. The protested boat may take a Two-Turns penalty under RRS 44.2, after which the protest committee will not proceed with the protest for that infringement, and no protest by another competitor for the same incident will be considered valid. This changes RRS 60.1 and 60.3.

15 TIME LIMITS AND TARGET TIMES

- 15.1 The time limit for a race shall be 75 minutes.
- 15.2 The target race time for the first boat will be 45 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 15.3 If no boat has passed Mark 1 within 30 minutes the race will be abandoned.
- 15.4 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available from the Secretary's office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the office adjacent to the Secretary's office located on the second floor of the clubhouse.
- 16.4 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

17 SCORING

- 17.1 Two races are required to be completed to constitute a series.
- 17.2 (a) When fewer than three races have been completed, a boat's series score will be the total of her race scores.
- (b) When three races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18 SAFETY REGULATIONS

- 18.1 A boat that retires from a race shall notify the race committee as soon as possible. Boats that have retired shall complete a declaration on the ONB within the protest time limit.

19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of equipment will not be allowed without prior written approval of the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20 EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 All boats must have a valid measurement certificate with the name of the current owner, and a current buoyancy endorsement signed and witnessed in accordance with NSCA rules. The appropriate documentation may be required at registration before going afloat. Any competitor who does not comply with this instruction may be disqualified without redress.
- 20.2 The NSCA or its representatives shall have the right to measure or weigh any boat, its sails and other equipment, including clothing. This may be carried out each day with selected dinghies or competitors.

- 20.3 RRS 43.1(a) and 43.1(b) apply to the weight of clothing and equipment with a 10 kg maximum to include footwear and clothing below the knee.

21 RUBBISH DISPOSAL

- 21.1 Rubbish may be placed aboard official boats.

22 RADIO COMMUNICATION

- 22.1 Except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

23 RISK STATEMENT

- 23.1 Rule 4 of the Racing Rules of Sailing states; "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information prepared for the venue or event and to attend any safety briefing held for the event.

24 INSURANCE

- 24.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident.

FURTHER INFORMATION

Campers and camper vans are welcome and pre booking of a Campervan site from the Club Secretariat (office@grafham.org / 01480 810478) is essential. There is a charge of £15 per night for Campervans, £10 per night for Camping (please note – NO caravans please – our lease does not allow them). All day cafeteria .

Directions to Grafham Water Sailing Club, details of local accommodation, and other information are available on the Club website - <http://www.grafham.org>.

Entrants and authorised guests are temporary members of Grafham Water Sailing Club during the period of the event and shall comply with Club Rules and Bylaws. Failure to observe these may result in exclusion from the club premises.

Boats competing in the event may sail on Friday afternoon at no extra cost.

MOVEMENT OF BOATS TO GRAFHAM WATER

In order to prevent the spread of non-native species there is a requirement to ensure that boats are clean before they visit the site using the principle of Check Clean Dry <http://www.nonnativespecies.org/checkcleandry/index.cfm>. This includes:

CHECK your equipment and clothing for live organisms – particularly in areas that are damp or hard to inspect.

CLEAN and wash equipment, footwear and clothing thoroughly. If you do come across any organisms, leave them at the water body where you found them.

DRY all equipment and clothing – some species can live for many days in moist conditions. Make sure you don't transfer water elsewhere.

Anglian Water ask for boats and equipment, arriving at Grafham Water that are from the following locations, to have been clean and dry for at least two days prior to arrival – if not, then they must not be launched at the Club:

Wraysbury Reservoir and Wraysbury River near to Staines

The Queen Mother Reservoir

Queen Elizabeth II/Bessborough Reservoirs

Queen Mary Reservoir

Warwick East Reservoir, Warwick West Reservoir and William Girling Reservoir all located in the Lee Valley

MOVEMENT OF BOATS FROM GRAFHAM WATER

A non-native species of fresh water shrimp (commonly known as killer shrimps) have been found in Grafham Water and certain restrictions on boat movement have been imposed by AW, DEFRA or other bodies to prevent the spread of these to other locations in the UK. These requirements are prominently displayed on the club premises and will include washing boats and equipment before removal from the Club premises.

Failure to comply with the requirements of these restrictions may lead to expulsion from the event.

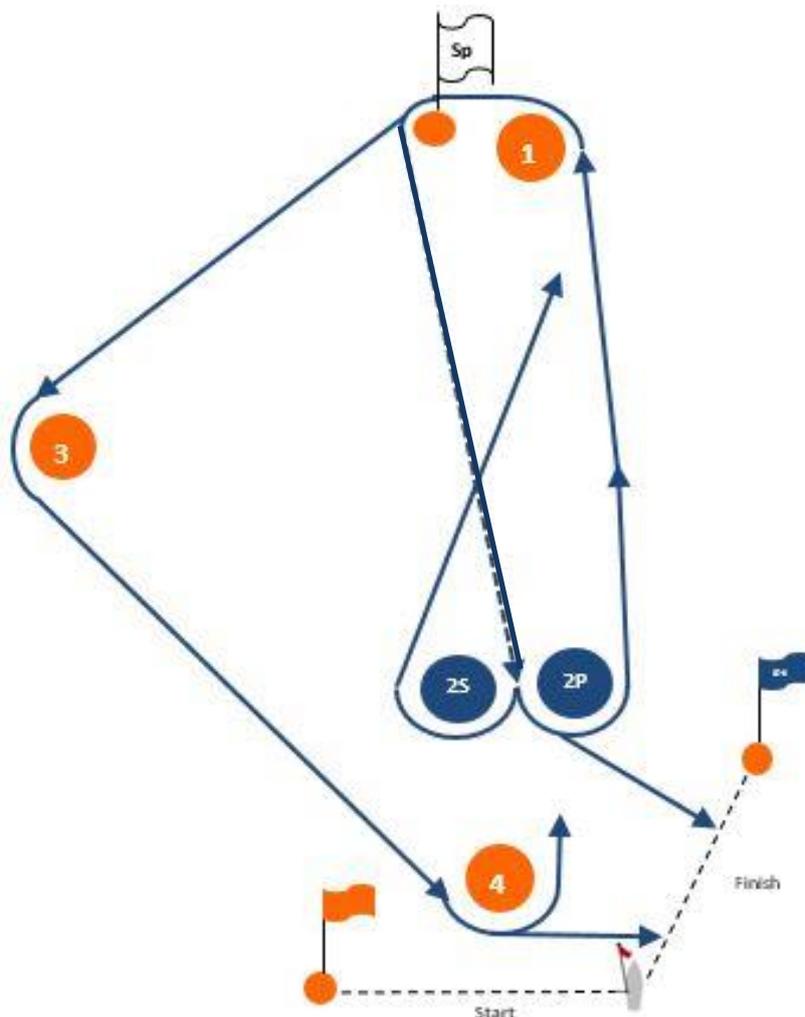
ATTACHMENT A

COURSE

The course type will be displayed on the starboard side of the committee boat as:

S – Sausage/Triangle or W – Windward/Leeward

1. SAUSAGE/TRIANGLE (S)



COURSE	
ST1	Start – 1 – Sp - 2P - finish
ST2	Start – 1 – Sp – 2S/2P – 1 – Sp - 3 – 4 - finish
ST3	Start – 1 – Sp – 2S/2P – 1 – Sp - 3 – 4 – 1 – Sp – 2P - finish
ST4	Start – 1 – Sp – 2S/2P – 1 – Sp - 3 – 4 – 1 – Sp – 2P - 1 – Sp – 3 – 4 – finish

MARKS

Marks 1, 3 and 4 will be Orange or Yellow Pillar Buoys.

2S and 2P will be Blue Pillar Buoys.

Sp (spacer) will be a Dan Buoy with a white flag

